

## DISCOVER CANADA'S *Superfruit...* HASKAP BERRIES!



Haskap Berries taste **SWEET** like a blueberry, **TANGY** like a raspberry, and **INTENSE** like a blackberry.

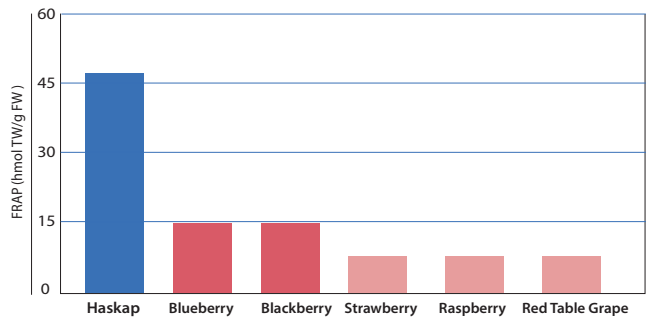
Haskap Highland Orchards Ltd. is owned and operated by farmers who plant, grow and nurture Haskap Berries ( *Lonicera caerulea* ) - one of the world's most powerful plant-based antioxidants.

### Up your ANTIOXIDANTS !

- A diet high in antioxidants may reduce the risk of many diseases (including heart disease and certain cancers).
- A good source of Vitamin C for immune support.
- Very high in Vitamin A to support eye & skin health.

To access published Nutritional research visit [www.HaskapHighland.com](http://www.HaskapHighland.com)

Antioxidant capacity of Haskap Berries compared to other fruits



Rupasinghe HPV, Yu LJ, Bhullar KS and Bors B. (2012). Haskap (*Lonicera caerulea*): A new berry crop with high antioxidant capacity. *Can. J. Plant Sci.*, 92: 1311-1317

**HASKAPÜR** 100% JUICE 330ml  
**HASKAP BERRY** JUICE DRINK 330ml  
**RICH 'N RED** JUICE DRINK 330ml



**HASKAP PRESERVE** 250ml



- 100% Canadian naturally grown berries
- Free from pesticides or herbicides
- Naturally INTENSE ( not from concentrate )
- Dilute to taste
- Free from artificial colours, flavours, preservatives or sulphites & gluten free
- Shelf stable

**BOLD FLAVOUR - Dilute to Taste**

## Up your ANTIOXIDANTS !

HASKAP HIGHLAND ORCHARDS LTD.

189 INDUSTRIAL AVE, TRURO, NOVA SCOTIA, CANADA B2N6V3

# HASKAP

## HIGHLAND ORCHARDS



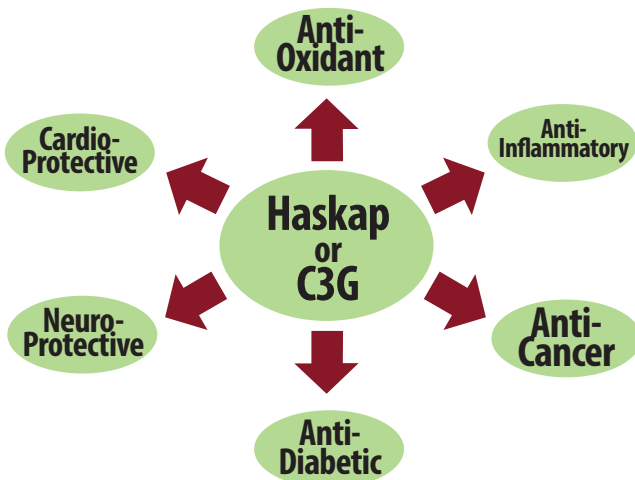
Recommended serving: Mix 1 part Haskpür with 3 parts water or beverage of choice

Nutrition Facts	
Valeur nutritive	
Per 63mL (dilutes to 250 mL)	
Par 63mL (dilué à 250 mL)	
<b>Calories 38</b>	% Daily Value*
<b>Fat / Lipides 0 g</b>	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	0 %
<b>Carbohydrate / Glucides 8 g</b>	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 8 g	8 %
<b>Protein / Protéines 0 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 2 mg</b>	1 %
Potassium 151 mg	3 %
Calcium 0 mg	0 %
Iron / Fer 0 mg	0 %
Vitamin A / Vitamine A 857 µg	96 %
Vitamin C / Vitamine C 35 mg	38 %

\* 5% or less is a little, 15% or more is a lot  
\* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

PACKAGING SPECIFICATIONS	CASE SKU	CASE SPECIFICATIONS (12 UNITS PER CASE)				PALLET SPECIFICATIONS	
		LENGTH CM	WIDTH CM	HEIGHT CM	WEIGHT KG	CASE QT / PALLET	TOTAL KG/PALLET
<b>HASKAP BERRY PRESERVE</b> 250 ml UPC 628055197065	628055197195	22.86	30.48	10.16	5.4	176 (2112 UNITS)	950
<b>HASKAPÜR 100% PURE HASKAP JUICE</b> 330 ml UPC 628055197010	628055197225	22.86	17.78	24.13	6.6	150 (1800 UNITS)	990
<b>HASKAP JUICE DRINK</b> 330 ml UPC 628055197003	628055197218	22.86	17.78	24.13	6.6	150 (1800 UNITS)	990
<b>RICH 'N RED HASKAP BERRY &amp; CRANBERRY JUICE</b> 330 ml UPC 628055197041	628055197232	22.86	17.78	24.13	6.6	150 (1800 UNITS)	990

### POTENTIAL HEALTH BENEFITS OF THE HASKAP BERRY



The potential health benefits of haskap (*Lonicera caerulea* L.): Role of cyanidin-3-O-glucoside.  
H.P.Vasantha Rupasinghe, Niroshaathevi Arumuggam, Madumani Amararathna, A.B.K.H. De Silva.  
Journal of Functional Foods, 44 (May 2018) 24-39, graphic p 35

**Target Active, Health-Conscious Consumers**  
who want to increase their antioxidants in a flavourful way!

Our Haskap Berry Juices are not only nutritious, **they are delicious!**  
Also, incredibly versatile in mocktails, cocktails and smoothies.

When your customers taste Haskap Juice they'll return for more.  
Tasting is believing!

We believe in building trade marketing programs with each  
unique customer.

**Call to order: Elaine Eaton (902) 680-6546**  
[elaine@haskaphighland.com](mailto:elaine@haskaphighland.com)

## Up your ANTIOXIDANTS !

HASKAP HIGHLAND ORCHARDS LTD.  
189 INDUSTRIAL AVE, TRURO, NOVA SCOTIA, CANADA B2N6V3

Phone: (902) 893-0905

[www.HaskapHighland.com](http://www.HaskapHighland.com)

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